

통합정신건강관리 프로그램이 정신분열병환자와 가족의 희망에 미치는 효과

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The Effect of Integrated Mental Health Care Program on Hope for Schizophrenic Patients and Their Families

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> Abstract <

Purpose: The purpose of the study is to verify the effectiveness of integrated mental health care program on hope for schizophrenic patients and their families. **Method:** The design of study was a non-equivalent control group pre-test and post-test study. The data were collected from the schizophrenic patients 17 and their families 15 from September 22 to November 3, 2006. The Integrated mental health care program was provided to patients and families for 6 sessions weekly and 90 minutes in each session. The data were analyzed by mean, standard deviation, χ^2 -test, Mann-Whitney U test. **Results:** The hypothesis "the experimental group(patients/families) would show higher score of hope than those of the control group" was supported. **Conclusion:** It was also proved as an adequate nursing intervention for the patients discharged from the hospital. It is thought that the program will develop the nursing practice.

Key words : Program Effectiveness, Schizophrenia, Family, Hope